Dear Parents and Caregivers,

Congratulations to our students for their excellent behaviour at last Wednesday's Swimming Carnival. It was a lot of fun for everyone and a great way to start the school year. Four of our students went to represent us at the Small Schools Swimming Carnival in Murwillumbah yesterday.

Mrs Morrison is still recovering and will be away til at least the end of next week. Ms Thea Hopkins is replacing Sharon and is really enjoying working with the K/1 students. Parent/teacher interviews are in week 5 and at this stage Ms Hopkins will be having interviews with K/1 parents. When Mrs Morrison returns she will hold a class information meeting for parents. Notes will go home next week from your child's classroom teacher, advising of interview times and dates.

We are presently updating student information and contact details. If your child has allergic reactions including anaphylaxis could you please contact the school. Our whole school staff have recently updated their anaphylaxis training and your child's well being is of upmost importance to us.

We have had a very smooth and happy start to the school year with all classes settled and working well. Thankyou for your support in getting the children to school on time and assisting them to be organised and prepared for their day at school. Our whole school Home reading Program is well under way with almost all children in the school reading at home and returning their folders each day, Monday-Thursday.

This term our staff will be going to Brunswick Heads, after school, for iPad professional training. A number of special programs are being developed for use with the iPads and we are looking forward to making them available to all students throughout the year.

Many thanks to the Waratah Hockey Club for their generous donation of $500!! This money will be used to purchase more readers for our Home/School Reading Program.

S.T.A.M.P. Out Bullying

Stay away
Tell someone
Always help
Make friends
Play nicely

Principal: Helen Atkins
e: burringbar-p.school@det.nsw.edu.au
w: www.burringbar-p.schools.nsw.edu.au
t: 6677 1469 f: 6677 1616
Parents are requested to please report to the office before visiting classrooms.

Thankyou for your continued support and co-operation.

Helen Atkins

2013 FEES
Thank you to the families who have paid their fees. Early payment is very much appreciated.
The General Voluntary Contribution is $30 per student or $50 a family.
Text book fees (English and maths and a Reading Journal) a total of $35 per student.
We accept payment by instalments to assist with your budget.

SPORT NEWS
Swimming
This year’s swimming carnival was held at Mullumbimby swimming pool. It was a great day for all the students and parents. There were four students who successfully made the qualifying time and they competed at the small schools swimming carnival yesterday. The students were Liam and Oliver Andrews, Tanisha Boyle and McAilah Broadfoot. The four students competed in the 50 meter freestyle.
Rugby League
Last Tuesday two Gold Coast Titans Rugby League players came to Burringbar School to run an anti-bullying campaign which was great for the whole school. All the students learned a lot and they were very engaged and interested in the program.
Matthew Ross

CONTACT DETAILS
To keep our contact details accurate can you please complete the Student and Family contact detail slip, at the end of this newsletter, and return it to school asap. Thanks.

RELIGIOUS INSTRUCTION
Religious instruction started last week. All students attend these sessions unless a written note is given to your child’s class teacher, stating that you do not wish for your child to attend religious instruction.

DEC MANDATORY PERMISSION
The DEC requires us to ask permission each year, from parents and students, to publish student’s work and photos in the school’s newsletter, website and local newspapers.

We are asking all parents/carers to complete the attached permission note and return it to school asap.

KINDERGARTEN PHOTOS
The Daily News will be taking photos of our new kindergarten students next Tuesday 19 February. If you do not wish for your child to have their photo taken please notify us in writing.

YEAR 6 TO YEAR 7 - 2014
Students in year 6 received an expression of interest form today to indicate which high school they will be enrolling in 2014. This is not an enrolment form. Enrolment forms will be sent out later in the year. Please complete the expression of interest forms and return them to school asap.

LIBRARY
Students must have a bag to take borrowed library books home. Please send your child to school with a spare bag each Wednesday.
We are also collecting plastic shopping bags. These may be left at the office or in the library. Thank you.
Thea Patrick

DISCO
Our first disco for 2013 will be held on Thursday, 28 February from 5—7pm, under our multi-purpose shelter. The theme is “Masquerade”, so get your costume/masks ready for an exciting evening of dance, games and prizes. Entry fee $2 per child, to be paid on the night. The P&C will open the canteen for the disco.
Barry Walker.

EMAIL NEWSLETTER
If you wish to have our newsletter emailed to you please provide Judy with your email address. Unfortunately the DEC has blocked us using any hotmail addresses.

WEB PAGE
Our Burringbar Public School Website is kept updated on a regular basis. You may access our newsletter via this website too.

TERM PLANNER AMENDMENTS
Please add this to your planner. Cross Country will be held on Friday 5 April.
Unfortunately, we have cancelled the performance “Excuse Me I Was Here First” which was scheduled for Monday 8 April.
SNACK SHACK ROSTER

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>February</td>
<td>Fri 15</td>
<td>Stacy Butters, Corinne Toovey</td>
</tr>
<tr>
<td></td>
<td>Fri 22</td>
<td>Anja O'Keefe, Sharyn Priest</td>
</tr>
<tr>
<td>March</td>
<td>Fri 1</td>
<td>Anja O'Keefe, Vanessa Andrews</td>
</tr>
<tr>
<td></td>
<td>Fri 8</td>
<td>Help needed</td>
</tr>
</tbody>
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Helpers are always welcomed, and needed, in the canteen.

STORY DOGS
This program will continue again this year with class 2/3D each Monday at 1:30. Nancy and ‘Flossy’ are keen to come back to hear the students’ read.

THANK YOU
To Simon Thompson for making our grounds and gardens look so good.

P&C NEWS
Pizzas will be now hand made and will sell for $3 each. You can choose from: ham & pineapple, bbq chicken or cheese.

ATTACHMENTS
- Update Student and Family Details
- Authority to Publish Form
- Good Mental Health and Well -Being in Kids.
- Gumnut Preschool brochure

PLEASE COMPLETE AND RETURN TO SCHOOL ASAP

Student/Family Details
Student/s names: ______________________________________________________
Parent/Caregivers names: ______________________________________________________
Family Contact Address: ______________________________________________________
Family Phone Number: ___________________________
   Home ___________________________
   Mobile Mother: _______________ Mobile Father: _______________
   Work Mother _______________ Work Father _______________
Parent details if different from above.
   Address: ______________________________________________________
   Contact Number: ______________________________________________________
Emergency contacts:
   Name __________________________________ Number ______________________
   Name __________________________________ Number ______________________
Authority to Publish Form

Dear Parent or Carer

I am seeking your permission to obtain and publish content that may include the image and/or name of your child in our publicly available school communications. These could be in print and/or our publicly available school website.

Content examples include but are not limited to photographs, text, illustrations/graphics, videos, sound recordings, examples of student work.

Our school communications include but are not limited to:
- school’s public website
- school newsletter (online and hard copy)
- local community newspaper / magazine
- media promotions and advertising activities
- electronic and print promotional material
- annual school report

Please complete the permission slip and return to the school by Monday 25 February, 2013.

Yours sincerely
Helen Atkins

Permission to Publish

I have read this permission to publish and agree to the school obtaining and publishing content related to my child in school communications.

I give/do not give permission for my child’s name to be included in the publication.

This signed permission remains effective until I advise the school otherwise.

Child’s name ____________________________________________

Parent/carer’s name ____________________________________________

Parent/caregiver Signature ____________________________________________

Date ____________________________________________
10 WAYS TO PROMOTE GOOD MENTAL HEALTH & WELL-BEING IN KIDS

1. MODEL GOOD MENTAL HEALTH HABITS
2. MAKE SURE THEY GET ENOUGH SLEEP
3. ENCOURAGE KIDS TO EXERCISE
4. GIVE THEM CREATIVE OUTLETS
5. PROVIDE A SPACE OF THEIR OWN
6. TALK ABOUT THEIR TROUBLES
7. HELP THEM TO RELAX
8. HAVE TWO ROUTINES - WEEKDAY AND WEEKEND
9. FOSTER VOLUNTEERING AND HELPFULNESS
10. BRING FUN AND PLAYFULNESS INTO THEIR LIVES

For information from Michael Grose about raising exceptional kids...

2. Visit parentingideas.com.au to find ready to go resources and books.
3. For the best parenting ideas and great advice join the Michael Grose Parenting community on facebook.com/michaeglgaoparenting

phone. 1800 004 484

parentingideas.com.au